

Analog Christmas: Joy to the World

“Joy to the world” reminds me of the bigger picture of Christmas.
(Psalm 98:1-4 NLT)

“**Joy to the world**, the Lord is come / **Let earth** receive her King / Let **every heart**, prepare Him room / And **heaven** and **nature sing...**” – *Joy to the World*

How can I find joy this Christmas season? (Luke 1:46-55)

1. **Choose to focus on the power of our God more than the pain of our circumstances.** (Luke 1:46-47)

“Joy does not simply happen to us. We must choose joy and keep choosing it every day.” – Henri Nouwen

Choosing joy is **not**:

- Apathy
- Getting out of touch with reality
- A feeling that comes and goes

Choosing joy is a journey of training my mind to lead my heart.
(Psalm 98:1a NLT)

Choose joy by:

- **Recognizing** God’s mindfulness. (Luke 1:48)
- **Worshiping** God for His holiness. (Luke 1:49b)
- **Praising** God for His mercy. (Luke 1:50)
- **Remembering** God’s faithfulness to us. (Luke 1:51)
- **Acknowledging** how God honors humility. (Luke 1:52)
- **Seeing** God’s provision. (Luke 1:53)
- **Celebrating** how God keeps His promises. (Luke 1:54-55)

“Repeat the sounding joy.” – *Joy to the World*

2. **When I choose joy, it becomes contagious.** (Psalm 98:7-9 NLT)

Romans 15:13 May the **God of hope** fill you with **all joy** and peace as you trust him, so that you may **overflow** with hope by the power of the Holy Spirit.