

Leading Your Life Group 101
Course Notes

Module 1- What is the Purpose of Life Groups?

Newbreak's Mission Statement: _____ people with God through _____ relationships to _____ communities.

One of the main strategies that we use to accomplish our Mission at Newbreak Church is to _____ together in Life Groups.

Let's breakdown how Life Groups help us uniquely accomplish our mission at Newbreak Church:

1. Connecting people with God (John 15:6, Colossians 1:28-29)

2. Through Authentic Relationships (Proverbs 27:17, Acts 2:42)

3. To Serve Communities (Matthew 5:16; Ephesians 1:11)

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Module 2- What are the Qualities and Responsibilities of a Life Group Leader?

4 Qualities of a Life Group Leader:

1. Expresses Christ-like Character (1 Corinthians 11:1; Galatians 5:22-23)
2. Pursues a deeper relationship with God through the practice of Spiritual Disciplines (1 Timothy 4:6-8)
3. Embraces Biblical truth (2 Timothy 3:16-17)
4. Demonstrates a Lifestyle of Servant Leadership (Matthew 20:28; 23:11-12)

4 Responsibilities of a Life Group Leader:

1. Shepherd and care for your group (Hebrews 10:24; 1 Peter 5:2-6)

2. Grow as a leader (Ephesians 4:11-12; 2 Peter 3:18)

3. Facilitate Discussion

4. Raise up a Team (2 Timothy 2:2)

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Module 4- How to Organize Your Weekly Meetings

1. Balance the relational component of your meeting with the study portion.

2. Key things to keep in mind for your first meeting together as a group.

3. Design the flow of each meeting and make sure to include the essential elements.

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Module 5- How to Shepherd and Care for Your Group

1. Shepherd your group with love and attention. (Psalm 23, 1 Peter 5:2-4)

2. Be an encourager for your group. (Ephesians 4:29)

3. Support each other through acts of service and generosity. (1 Peter 4:9-11, 1 John 3:18)

4. Pray for your group and pray with your group. (James 5:16)

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Module 6- How to Facilitate Discussion

1. Ask open-ended questions so you hear from everyone, every week.
2. Come prepared with insights of your own to share.
3. Keep the group on topic (unless Spirit-led moments arise).
4. Dealing with “Conversation Dominators” in the group.
5. Getting stumped: What do you do when you don’t know the answer?

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Bonus Module 1- How to Raise Up Apprentice Leaders and Launch New Groups

1. Why should we raise up new leaders? (2 Timothy 2:2)

2. How do you find your apprentice?

3. How do you invite the leader to apprenticeship? (ICNU)

4. How do we develop an apprentice leader?
 - a. I Do, You Watch, We Talk
 - b. I Do, You Help, We Talk
 - c. You Do, I Help, We Talk
 - d. You Do, I Watch, We Talk

5. How do we launch a new group?

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Bonus Module 2- How to Lead Your Life Group Online

5 Ways to Enrich Your Online Life Group Experience:

1. Get to your online meeting early.
2. Plan your flow in advance.
3. Keep your group short & sweet.
4. Preplan conversations & questions for each meeting.
5. Ramp up conversations between group meetings.

5 Technical Tips to Help You Lead Effectively Online:

1. Lighting is vital when leading online.
2. Eliminate distractions during the meeting.
3. Make sure your camera is level.
4. Use the mute and unmute feature throughout the meeting.
5. Recommend the group to download software ahead of time.