## A Thrill of Hope: A Weary and Worried World

How do I experience *God's peace* when worry is all around? (Matthew 6:25-34 CSB)

1. Know that worrying <u>prevents</u> me from experiencing God's <u>peace</u>. (Matthew 6:24 CSB)

Worry is a self-centered, counterproductive thought pattern. (Matthew 6:27 CSB)

- God's <u>peace</u> will always <u>overpower</u> my worry. (Matthew 6:25a CSB; John 16:33 NLT)
- 2. Focus on God's <u>faithfulness</u> and <u>trust</u> that He cares. (Matthew 6:30 CSB; 1 Peter 5:7 CSB; Matthew 6:33 CSB)

What I worry about the most often reveals where I trust God the least.

Christmas is the reminder that God's peace is perfect, present, and powerful.