

A Thrill of Hope: A Weary and Worried World

How do I experience **God's peace** in the midst of **my worry**?
(Matthew 6:25-34 CSB)

1. Worry robs me from experiencing God's peace.

- a. Reevaluate the **metric** for what makes life **meaningful**.
(Luke 12:15 NLT)

Worry sees what I don't have. Gratitude celebrates what I do have.

2. Focus on God's faithfulness by noticing that He cares.

(Matthew 6:26, 27a, 30 CSB)

Counteract what **I worry about** with what **God's Word says**.

Worry says, "I am not good enough to be truly forgiven."

God's Word says, "I don't condemn those who belong to me." (Romans 8:1)

Worry says, "I am scared."

God's Word says, "I will never **ever** leave you." (Hebrews 13:5)

Worry says, "I won't have enough."

God's Word says, "I am your shepherd; you will not lack." (Psalm 23:1)

God will not be a better **Gardener** to the flowers than He will be a better **Father** to me.

"Worry does not empty **tomorrow** of its troubles; it empties **today** of its strengths." – Corrie ten Boom (Matthew 6:34 CSB)

- **Acknowledge** my worry.
- **Be curious** about my worry.
- **Invite God** into my worry.
- **Put more weight on God's Word** than my worry.

Bottom Line: Our worries will either lead us toward **self-preservation** or to **the Savior's peace**.