

## Simple Life: Simple Stuff

How do I simplify to make room for what matters most?

Is the stuff I am wanting (or pursuing) **getting in the way** of what God has for me?

1. **Determine what I really want more of in life.** (Luke 12:13-21 NLT; Psalm 37:4 NIV)

“Materialism has become the new dominant system of meaning. **Atheism hasn’t replaced Christianity; shopping has.**” – Jean Baudrillard

2. **Find contentment in the Creator, not merely in what’s being created.**  
(Philippians 4:10-13 NLT)

“**Contentment** is when we tell the Good Shepherd that His presence and provision are sufficient for our every need.”

Allow God’s **generosity** to fuel my **gratitude**.

Disarm discontentment by:

- practicing generosity
- learning the benefit of waiting
- cultivating gratitude

3. **Practice thanksgiving daily, not just annually.**  
(1 Thessalonians 5:18 NLT)