

## Simple Life: Simple Stuff

How do I simplify to make room for what matters most?

1. \_\_\_\_\_ **what I really want** \_\_\_\_\_ **of**  
**in life.** (Luke 12:13-21 NLT)

“What if the formula ‘more stuff equals more happiness’ is bad math? What if more stuff often just equals more stress?” – John Mark Comer, *The Ruthless Elimination of Hurry*

2. \_\_\_\_\_ **in the** \_\_\_\_\_,  
**not merely in what’s being created.** (Philippians 4:10-13 NIV)

“Being content is not having everything, but in being satisfied with everything I have been given.”

Learn the art of contentment by:

- simplifying your stuff
- practicing generosity
- learning the benefit of waiting
- cultivating gratitude

3. \_\_\_\_\_ **daily, not just**  
**annually.** (1 Thessalonians 5:18 NLT)