

Simple Life: Simple Values

The solution isn't to *stop*; the solution is to *simplify*.

The simple life is not about getting *more* things done, but about getting the *right* things done. (Ephesians 5:8-20 NLT)

1. **Discover what God values.** (Ephesians 5:10 NLT)

What does God value? (Ephesians 5:9 NLT)

- Is it good (kind)?
- Is it right?
- Is it true?

How does pace factor in? (Ephesians 5:11 MSG)

- *Busy* with the right things, yet without being *hurried*.
- It's not so much about balance; it's about centeredness.

"A soul without a center feels constantly vulnerable to people or circumstances." - John Ortberg

2. **Allow God's values to shape my values.** (Ephesians 5:10-14 NLT)

Do I have values that draw me closer to God?

- Brainstorm.
- Narrow.
- Personalize.

What is drawing me away from living out those values? (Ephesians 5:17 NLT)

- What do I need to say "**yes**" to?
- What do I need to say "**no**" to?
- What do I need to say "**not now**" to?

"If you want to experience the life of Jesus, you have to adopt the lifestyle of Jesus." (Matthew 11:28-30 NLT)