

It's Personal: Communication

“The single greatest problem in communication is the illusion that it has taken place.”

Proverbs 18:21 (NIV) The tongue has the power of **life and death**, and those who love it will eat its fruit.

How do I communicate in ways that honor God and others? (Romans 12:10 NIV)

1. Commit to listen with love. (James 1:19 NLT)

Develop **Active Listening Skills**:

- Pay attention.
- Withhold judgement.
- Reflect.
- Clarify.
- Summarize.
- Share.

Learn the art of asking **good questions**. (Mark 7:18a NIV; Matthew 6:28a NIV; Matthew 16:9a NIV; Mark 10:46-52 NIV)

Good questions to ask:

- What's on your mind?
- What has been a highlight of your _____?
- What are you looking forward to?
- What is something exciting that I can be celebrating with you?
- What has been challenging for you in this season?
- How can I be praying for you?

2. Commit to speak with love and truth. (Ephesians 4:15-16, 29 NIV)

T.H.I.N.K. before you speak:

- **T**: Is this **True**? (Ephesians 4:15-16)
- **H**: Is this **Helpful**? (Ephesians 4:15-16)
- **I**: Is this **Immediate**? (Proverbs 15:23)
- **N**: Is this **Necessary**? (Proverbs 13:3)
- **K**: Is this **Kind**? (Proverbs 16:24)

Psalm 19:14 (NIV) May these **words of my mouth** and this meditation of my heart be **pleasing in your sight**, LORD, my Rock and my Redeemer.

ADDITIONAL NOTES: