

## It's Personal: Communication

Proverbs 18:21 (NLT) ***The tongue can bring death or life***; those who love to talk will reap the consequences.

How do I communicate in a way that honors God and others?

**1. Commit to listen with love.** (James 1:19 NLT)

Learn the art of asking good questions. (Mark 10:46-52 NIV)

Questions to get you started:

- What's on your mind?
- What has God been teaching you?
- What has been a highlight of your \_\_\_\_\_?
- What has been challenging for you in this season?
- What is something you need from me?

**2. Commit to speak with truth and love.** (Ephesians 4:15 NLT; Luke 6:45 NLT)

T.H.I.N.K. before you speak:

- **T:** Is this **True**? (Ephesians 4:25)
- **H:** Is this **Helpful**? (Ephesians 4:29)
- **I:** Is this **Immediate**? (Proverbs 15:23)
- **N:** Is this **Necessary**? (Ephesians 4:29)
- **K:** Is this **Kind**? (Proverbs 16:24)

Psalm 19:14 (NIV) May these **words of my mouth** and this meditation of my heart be **pleasing in your sight**, LORD, my Rock and my Redeemer.

### ADDITIONAL NOTES: