

## It's Personal: Communication

Proverbs 18:21 (NLT) ***The tongue can bring death or life***; those who love to talk will reap the consequences.

How do I communicate in a way that honors God and others?

1. **Commit to** \_\_\_\_\_ **with** \_\_\_\_\_.  
(James 1:19 NLT)

Learn the art of asking good questions. (Mark 10:46-52 NIV)

Questions to get you started:

- What's on your mind?
- What has God been teaching you?
- What has been a highlight of your \_\_\_\_\_?
- What has been challenging for you in this season?
- What is something you need from me?

2. **Commit to** \_\_\_\_\_ **with** \_\_\_\_\_ **and** \_\_\_\_\_.  
(Ephesians 4:15 NLT; Luke 6:45 NLT)

T.H.I.N.K. before you speak:

- **T**: Is this **True**? (Ephesians 4:25)
- **H**: Is this **Helpful**? (Ephesians 4:29)
- **I**: Is this **Immediate**? (Proverbs 15:23)
- **N**: Is this **Necessary**? (Ephesians 4:29)
- **K**: Is this **Kind**? (Proverbs 16:24)

Psalm 19:14 (NIV) May these **words of my mouth** and this meditation of my heart be **pleasing in your sight**, LORD, my Rock and my Redeemer.

**ADDITIONAL NOTES:**