



BIBLE STORY

Lean on Me
(Servant Principle)

Philippians 2:3-8

MEMORY VERSE

Don't do anything only to
get ahead. Don't do it
because you are proud.
Instead, be humble. Value
others more than
yourselves.

Philippians 2:3 (NIRV)

LIFE APP: HUMILITY

Putting others first by
giving up what you think
you deserve.

BOTTOM LINE

Put others first because
Jesus put you first.

BIBLE STORY VIDEO

ELEMENTARY VIDEO

(Click the link)

STORY OVERVIEW

In Philippians 2:3-8 Paul explains how Jesus is the ultimate example of humility. As you deal with one another, you should think and act as Jesus did . . . He was humble and obeyed God completely. He did this even though it led to his death, (NIRV). As God's Son, Jesus was equal with God, but instead of using that to His advantage, Jesus put us first and made a way for us to have a relationship with God.

BEFORE THE LESSON ACTIVITY:

Upside Down Water Experiment

What You Need: Drinking glass or jar, water, plastic tub, towel, pieces of cardstock

What You Do: Demonstrate the following experiment that seems to defy gravity!

- Working over the plastic tub to protect from spills, fill a jar or drinking glass to the brim with water.
- Place the piece of cardstock over the top of the glass and hold securely.
- Quickly turn the glass upside down (over the plastic tub) while maintaining pressure on the cardboard.
- Slowly remove the hand that is holding the cardstock.
- Repeat the experiment by letting kids give it a try.
- Be sure to fill the jar to the brim and use a dry piece of cardstock each time.
- For a visual of the experiment, visit: <http://bit.ly/2MtMrrE>

What You Say: "Turning a glass of water upside down and not spilling it seems to defy gravity. It's not what you'd expect to happen. Jesus turns things upside down, too. He flips the way we think about ourselves and others. He challenges us to live differently. Let's find out more about the topsy-turvy, amazing things Jesus helps us do as we follow Him."

WATCH THE ELEMENTARY VIDEO

CLICK ON THE WORDS "ELEMENTARY VIDEO"

AFTER THE LESSON ACTIVITY: Copy Dot

What You Need: Bible, "Copy Dot" Activity Pages, markers

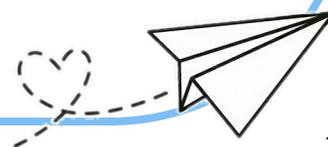
What You Do:

- Partner up and sit back to back.
- Give each person a "Copy Dot" Activity Page and a marker.
- Without letting their partner see what they're drawing, tell them to draw 10 large dots in random places anywhere on the top left grid.
- Explain that, at your signal, partners can turn around and show one another their pages but for only 10 seconds. Tell them to do their best to remember where each dot is on their partner's page.
- When time is up, direct partners to turn back around.
- Give them 10 seconds to draw from memory their partner's pattern of dots onto the top, right grid of their page.
- After 10 seconds, tell kids to stop and compare their drawings with their partner's original to see how closely they match.
- Read Philippians 2:5-8, which describes ways Jesus showed humility.
 - Every time they hear an example, have them draw a dot in any square on the bottom left grid.
 - Direct them to scatter the dots around the grid in random squares.
- Repeat the earlier challenge, but this time give partners only five seconds to look at one another's pages before trying to duplicate the pattern on their own paper.
- If you have more time and Activity Pages, repeat the game two more times.
- Ask kids to talk about ways they can imitate or copy Jesus by putting others first.

What You Say:

"Copying dots exactly as you saw them wasn't easy. You had to pay close attention to the pattern so that you could remember it. Then you had to picture it in your mind as you tried to draw it. That's a lot like following Jesus' example. We take a look at how Jesus did something, and then we tack it into our memory and try to duplicate it in our life. That's not easy, is it? We usually want to look out for ourselves and put our own wants and needs ahead of others. Jesus turned those ideas upside down and gave us a different way to think and live. He wants us to copy HIM. He was humble and did things for others. Let's remember to put others first because Jesus put us first."

Prayer: "Dear God, we're so thankful that Jesus showed us what it looks like to live with humility. He put US first when He chose to follow Your plan. Please help us follow His example with the way we treat people this week. We know we need Your help to do that. Please give us the strength to **[Bottom Line] put others first because Jesus put us first.** We love You, and we pray these things in Jesus' name, amen."



BONUS MEMORY VERSE ACTIVITY: Be Humball

What You Need: Bible, ball

What You Do:

- Look up and read Philippians 2:3.
- Partner up and give each pair a ball, assign each partner half of the verse & then face each other with one person holding the ball.
- The person assigned to the first part of the verse says his half, bounces the ball to his partner, and takes a step back.
- The partner who receives the ball repeats the process by saying her half of the verse, returning the ball, and taking a step back.
- See how far apart partners can get before they drop the ball.
- Switch partners and play again as time allows.

What You Say: “**Put others first because Jesus put you first.** God wants us to think about others’ needs and treat them the way Jesus did. The Bible teaches us about humility because it’s important, and God wants us to be humble instead of proud and selfish. Jesus gave us His example to follow. He put God’s plan first, which meant He did something wonderful for us. He died on the cross, rose from the dead, and is our Savior now and for always.”

